

Trainingsplan Winter 2012



Jänner 2012	Februar 2012	März 2012
1 So	1 Mi Halle/Training	1 Do
2 Mo	2 Do Training	2 Fr NNK - Neuhofen 18:00
3 Di	3 Fr Dietach KM - NNK 18:00	3 Sa
4 Mi	4 Sa	4 So
5 Do	5 So	5 Mo Training
6 Fr	6 Mo Training	6 Di Asten - NNK (Verbandsanlage) 19:00
7 Sa Hallenturnier Steyr	7 Di Training	7 Mi
8 So Finaltag	8 Mi Halle/Training	8 Do Training
9 Mo	9 Do Training 20:00 Dietach	9 Fr NNK - Wolfern 18:00
10 Di	10 Fr NNK - St. Florian 1b 18:00	10 Sa Pucking - NNK 16:00
11 Mi ab 30.11.2011 jeden Mittwoch Halle 19:00	11 Sa	11 So Trainingslager
12 Do	12 So	12 Mo Trainingslager
13 Fr	13 Mo Training	13 Di Trainingslager
14 Sa	14 Di Training	14 Mi Trainingslager
15 So	15 Mi Halle/Training	15 Do
16 Mo	16 Do Training 20:00 Dietach	16 Fr Training
17 Di	17 Fr NNK - St. Marien 18:00	17 Sa NNK - Sipbachzell 2 Teams
18 Mi Trainingsstart/Halle 18:30	18 Sa	18 So
19 Do Training	19 So	19 Mo
20 Fr Training	20 Mo	20 Di Training
21 Sa	21 Di	21 Mi Training
22 So	22 Mi	22 Do
23 Mo Training	23 Do Training 20:00 Dietach	23 Fr Training
24 Di Training	17 Fr NNK - Enns 18:00	24 Sa
25 Mi Halle/Training	25 Sa	25 So NNK - Puchenu 14:30/16:30
26 Do Training	26 So	26 Mo
27 Fr NNK - Bad Hall 18:00	27 Mo Training	27 Di Training
28 Sa	28 Di Training	28 Mi Training
29 So	29 Mi Halle/Training	29 Do
30 Mo Training		30 Fr Training
31 Di Training	Testspiel in DIETACH	31 Sa

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